

# Youth Exchange "I am OUT"

Matera - ITALY,  
A.P.V. 8th - 11th of August  
Y.E. 6th - 14th of September



Co-funded by the  
European Union



# I am OUT

The first objective of the **Youth Exchange "I am OUT"** is to sensitize young people on the environmental problems we are facing today. Confronting different arguments through non-formal education methodologies we will allow them to feel fully involved, giving everyone the opportunity to feel part of the **ecosystem** and therefore protagonist of what must be a global change coming from each of us. The idea is to make participants understand the importance of safeguarding the nature that surrounds us, living it.



## **Learning objectives** for the participants:

- **awareness about world's situation regarding environmental topics, and the engagement of European Union to prevent further climate change;**
- **taking personal commitments and being involved in a concrete change in personal lifestyle;**
- **deepen knowledge about topics such as the European Green Deal;**
- **live an immersive intercultural experience and becoming more aware about cultural richness in Europe;**
- **become aware about how to create an inclusive community and what to change in personal life;**
- **learn about non-formal education and its efficiency;**
- **improve English language skills and learn about italian language and culture;**



## HOW we do it:

- through outdoor non-formal education activities;
- hands-on in the farm;
- exploring historical city;
- open debates on different topics
- sharing our own knowledge

## **Learning objectives** for the leaders:

- **improve group management skills and support youth in their learning process;**
- **being able to resolve critical situations and learn how to be a mediator;**
- **improve and share specific non-formal education techniques linked to environmental education;**
- **learn to support intercultural learning and inclusive approaches;**

## Who is “I am OUT”?



Noi Ortadini  
from Italy

Youth Line  
FAMILY  
YOUTH LINE  
from Greece



MTÜ Noored  
Ühiskonna Heaks  
from Estonia

30 + 6

PARTICIPANTS

LEADERS



FOSTER YOUTH GROUP  
from Ukraine



Asociace TOM ČR  
from Czech Republic



Sesvečka udruga mladih  
aktivista  
from Croatia

### Each national group will be made of:

- 1 leader (18 + years, with experience)
- 5 young people from 18 until 30 years (aiming to including youth with less opportunities)

To apply: Contact the organisation of the country you are resident in listed here!



# Hosting Place

**Masseria la Fiorita** is a farm 5 km far from Matera. Here you will find different kind of animals, a lot of trees and very welcoming people who truly believe in sustainability and in a different lifestyle that you will experience.

There are **two big rooms with bunk beds** (one for boys, one for girls), **toilets with showers and a big kitchen available for us.** Plus a lot of indoor and outdoor spaces.



**Masseria la Fiorita** first came to light in 1975, the fruit of Nonno Vito's decision to start up a family business.

In 1998 the decision was made to take a chance on **closed-cycle** production, strictly seasonal and without the use of intensive farming, chemical fertilizers, weed killers or pesticides. It matters little whether we call it organic farming.

**Clean air, spring water, healthy land and warm sun** are the essential ingredients of all our products, all produced on the farm, organic and good both on the inside and out!







## Coordinator: Noi Ortadini APS

**Noi Ortadini APS** is an organization that works on the management of green space in Serra Venerdi, a district in Matera; through urban horticulture practices.

Part of our mission is to **make the aforementioned space accessible to the whole community** and to offer services to all citizens of Matera.

We have been active for about a year and through various collaborations, we carry out the organization of **outdoor environmental education** workshops for schools and for the community that orbits around our reality like centers for disable people, scout groups, immigrants and youngsters with fewer opportunities.

The organized workshops are designed according to the target audience, although the approach is common to the various targets and aims to offer the possibility of having **direct experience with nature**, which allows this child in case of knowing nature, curiosity and respect towards it, to observe its rhythm, times, cyclical modalities of development and to understand the close interdependence of every form of life on our planet.